

Non Surgical Breast Enhancement with Injectable Soft Tissue Filler

A new technique of non surgical breast enhancement is now available using an injectable soft tissue filler called Macrolane. This filler was developed by the Swedish medical product company Q-Med, the manufacturer of the well known filler Restylane, which has already been used in facial rejuvenation for more than a decade. Macrolane has been designed specifically for use in the female breast.

When injected correctly, it produces natural and stable results with a high level of safety. It is already CE certified in the EU, and Q-Med is in the process of obtaining FDA approval for this filler in the US. More than 10,000 women have already undergone this procedure by worldwide over the past three years.

Macrolane has two main effects on the breast: (1) it produces a modest enlargement of the breast of about a half to three quarter cup, and (2) it firms, tones and shapes the breast. These effects will enhance the breasts of women with naturally small breasts, either before or after pregnancy. Therefore, if you fit this description, desire one or both of these effects, and prefer to achieve your goals non surgically, you are probably may be a good candidate for Macrolane injections.

This treatment is carried out as a short office procedure under local anesthesia with no downtime.

FAQs

What is Macrolane and how is it different from standard fillers?

Macrolane is a semi-permanent hyaluronic acid filler of large particle size designed and packaged to be injected in large volumes, e.g. 50 to over 100 cc per breast. It also lasts longer than standard semi-permanent fillers: after six to twelve months, about 30% of the filler becomes naturally absorbed into the surrounding tissues, while the remainder lasts for about three years.

Who is this procedure for?

Ideal candidates are women with healthy breasts who (1) desire a modest increase in breast size, ranging from a half cup to three quarter cup enlargement, and/or (2) wish to firm, tone, and improve the shape of their breasts, and (3) want to achieve their goals without surgery. Such candidates would usually have small breasts to start with, and will benefit from this treatment either before or after pregnancy.

How much filler will I need?

Most patients will require between 50 to 100 cc per breast. This will achieve half a cup to a three quarter cup enlargement. The final volume injected will be based on the patient's desires and the surgeon's judgment.

What does the procedure involve and what is the recovery like?

The filler is injected under local anesthesia and light oral sedation as a 30 to 60 minute outpatient office procedure. Typical injected volumes range from 50 to 100 cc

per breast, depending on volume requirements. Post-procedure pain is minimal, and pain medication may not even be required. Mild swelling and bruising may occur, which usually subsides by one week. No downtime is incurred.

The patient can wear a bra immediately. Naturally, she will need a new bra for her enlarged breasts. However, because of mild swelling, it is advisable to wait about one week before buying new bras. Furthermore, the patient should keep her old bras in case she needs them again as the filler slowly dissolves from the 6th to 12th month and before she undergoes replenishment and/or addition of filler (see below).

Light exercise may be resumed after one week. However, lying prone on the breasts (e.g. for a massage) should be avoided for the first month.

When are the results visible, how long do they last, and will I need more than one treatment?

The results are immediately evident. Some resorption of the filler begins to occur between the 6th to 12th month. By the 12th month, approximately 30 percent of the filler would have dissolved. Another treatment can be done during this period, either to replenish what has been lost, or to replace as well as to add more filler in order to obtain further upsizing if desired.

Is the treatment safe?

Yes. This filler does not cause hardening or inflammation of the breasts. It does not increase the risk of other breast diseases, such as breast cancer. Furthermore, it does not migrate to other sites. Thus, the results are stable.

What about mammograms?

The filler does not affect mammographic examination of the breasts. Mammograms can still be done in the usual way, and the filler does not appear on the mammogram. Thus, breast cancer screening and detection are not compromised.

Does it affect pregnancy and breastfeeding?

No, you can still get pregnant, have children and breast feed safely after this treatment.

Please e-mail us at enquiries@cos-surg.net with questions if you are interested in this procedure. Alternatively, you can call us at Tel: 6733 3372.