



Pacific Healthcare Establishes Thyroid Head and Neck and Surgery Centre

- Part of Pacific Healthcare Specialist Centre
- Head & Neck Cancers rank 6th commonest worldwide globally
- Thyroid Disease common in women and affects 5% of population

SINGAPORE, 18 December 2009

FOR IMMEDIATE RELEASE

Singapore, 18 December 2009 – MainBoard-listed Pacific Healthcare Holdings Ltd (“PHH” or 太平保健), a leading Singapore provider of integrated, multi-disciplinary specialist healthcare services, announced the establishment of a specialist unit dedicated to Thyroid Head & Neck Surgery. The new centre, which will focus on surgical management of thyroid disease as well as head and neck cancers, will be helmed by Dr Ranjiv Sivanandan, previously Senior Consultant and Chief of the Head & Neck Service at the Department of Surgery, Singapore General Hospital.

Dr Ranjiv received his advanced training in Head and Neck Surgery at Stanford University, USA. During his tenure as Assistant Professor of Surgery, he spearheaded research into squamous head and neck cancers at the Stanford Institute of Stem Cell Biology and Regenerative Medicine, and was the first worldwide to publish on head and neck cancer stem cells in 2007.

The commonest cancers of the head and neck are nasopharyngeal cancer (NPC) and squamous cancers affecting the throat and mouth. These cancers are common in Asia, with NPC commonly seen in young Chinese males from Southern China of Cantonese descent while squamous head & neck cancers are the most common cancers seen in the Indian sub-continent.

Thyroid disease is a common condition affecting 5% of the population with women five times as likely to have thyroid problems as men. It is triggered by either too much or too little hormone production, or the development of nodules within the glands. While the majority of nodules are benign, 1 in 20 cases will eventually be diagnosed with thyroid cancer.

Dr William Chong (张来良), CEO of Pacific Healthcare said: “Cancers of the head and neck is the sixth most common cancer in the world, with two thirds of all patients presenting with advanced stage disease. Early diagnosis and treatment not only significantly improves survival but also decreases functional disability and cosmetic disfigurement, thereby improving quality of life as well. Dr Ranjiv has an excellent reputation as a caring and brilliant surgeon and a fine gentleman. I am proud to welcome Dr Ranjiv to our team of specialists at Pacific Healthcare.”



Pacific Healthcare recently announced a proposed share placement to Al-Faiz Fund I Limited, a Shariah compliant private fund managed by the Kuwait Finance House, (Malaysia) Berhad Group, subject to approval from shareholders and regulatory authorities. It also announced plans to establish a cancer hospital in 2011.

ABOUT DR RANJIV SIVANANDAN

Dr Ranjiv Sivanandan is a Specialist Board Certified General Surgeon who received his advanced training in Head and Neck Surgery at Stanford University, USA. Upon completion of a two-year accredited program, he was conferred a Fellowship with the American Head and Neck Society, and was appointed Assistant Professor of Surgery at Stanford University. He spearheaded research into squamous head and neck cancers at the Stanford Institute of Stem Cell Biology and Regenerative Medicine, and was the first worldwide to publish on head and neck cancer stem cells in 2007.

Dr Ranjiv was previously Senior Consultant and Chief of the Head & Neck Service at the Department of Surgery, Singapore General Hospital and Chairman of the SGH Thyroid Group from 2007 to 2009. In addition to the numerous thyroid, parotid and major head and neck resections he performs every year, Dr Ranjiv is also proficient in general abdominal surgery.

ABOUT THE COMPANY

www.pachealthholdings.com

SGX mainboard listing: November 2005

Pacific Healthcare Holdings Ltd is a Singapore-based healthcare provider offering a comprehensive range of healthcare services through its team of more than 100 dedicated healthcare professionals and a wide network of clinics and facilities in the region. It currently operates 5 major integrated medical centres within the prime Orchard Road area in Singapore. It's medical specialties cover the fields of cancer care, cardiology, neurology, urology, orthopaedics, obstetrics and gynaecology, head, neck and thyroid surgery, ear nose and throat surgery, eye surgery, psychiatry, paediatrics, general and vascular surgery, dermatology, cosmetic surgery and cosmetic & implant dentistry.

It has recently acquired the latest 256-slice CT Scanner for heart disease for its diagnostic imaging centre. The centre will also focus on the early detection of colon and breast cancer as part of the Company's plans to establish a Cancer Hospital by 2011.

Renowned for its care, compassion and medical excellence, Pacific Healthcare aims to be the premier healthcare group in Asia. The Company was established in 2001 and listed on the Singapore Exchange in 2005.

Pacific Healthcare has operations in Singapore, Hong Kong, India and China.

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