

Pacific Healthcare Opens New Specialist & Wellness Centre

A whole new perspective on wellness and healthcare.

Singapore, 14 October 2004 – One of Singapore's leading healthcare service providers, Pacific Healthcare Holdings ("Pacific Healthcare"), today announced the opening of its new Medical Specialist Clinics & Wellness Facilities on the penthouse level of Paragon in the heart of Orchard Road. This facility aims to meet the total well-being of the patient and provides a range of services including health profiling, specialist medical care and ancillary services.

Dr William Chong, Executive Chairman of Pacific Healthcare said, "Our concept is to create an environment where Singapore's established strength in Specialist Healthcare can be further augmented by levels of service and hospitality normally associated with countries like Switzerland, and where we can all have respite from the stresses of modern living."

He added that while Pacific Healthcare's specialists will focus on its core competence in the fields of cosmetic surgery, dermatology, obstetrics & gynaecology and implant and aesthetic dentistry, there will also be separately managed ancillary services to cater to the general well-being of patients. This includes a maternity spa and facilities for face, skin and bodycare. The new facility, which occupies 10,000 square feet, will complement the Group's existing multi-disciplinary specialist centre and day surgery, also at the Paragon.

"Economic growth and modern urban living comes with a price. There has been an increase in diseases of the affluent such as cardiovascular diseases, diabetes and certain cancers, as well as stress-related disorders which may manifest as pain, fatigue, sleeping disorders, high blood pressure and sexual dysfunction. In addition, changes in family life have resulted in a significant decrease in fertility and reproductive rate. All the major cities of the world exhibit these socio-demographic and health trends, and Singapore is no exception."

"We believe that with the launch of this total health and wellness concept, our patients can enjoy an optimal level of healthcare, with complete physical, mental and social well-being. In addition, we hope that our maternity spa will make pregnancy more enjoyable and help entice the stork to visit more frequently."

We also hope that the attention to service standards and ambient surroundings will go some way towards strengthening Singapore's efforts to be a regional medical hub," Dr Chong added.

Facilities at the new Medical Specialist Clinics & Wellness Centres

The Cosmetic Surgery Clinic / MD Specialist Healthcare
Run by Pacific Healthcare Executive Director & Consultant Plastic Surgeon, Dr Martin Huang, this clinic provides a complete scope of medical and surgical services for aesthetic enhancement and

rejuvenation of the face, breast and body. Specially designed to provide maximum comfort and confidentiality, there are discreet alcoves in the waiting area of the clinic for additional privacy.

Pacific Specialist Practice / MD Specialist Healthcare

Two consultant obstetrician and gynaecologists, Dr Julianah Abu and Dr Julinda Lee, and cosmetic dermatologist, Dr Patricia Yuen, provide services to address women's health problems relating to fertility, obstetrics, menopause and dermatology. In addition, there will be visiting consultants from other disciplines. The centre will also focus on individualised health profiling and preventive medicine following screening for specific biochemical and hormonal markers of disease and aging.

The Wellness Lounge

The Wellness Lounge is designed to be a haven for total-pampering, and offers a comprehensive range of facial and body contouring services to help one achieve a healthy and shapely body with glowing skin. The lounge has 11 specially appointed treatment rooms.

HAACH Touch

The spa will focus on maternity-related services such as antenatal and post-natal massages and exercises. Regular spa favourites, such as hydrobaths and other stress-relieving therapies are available along with hair-care, foot-care and hand-care.

About Pacific Healthcare Holdings

Established in 2001 in Singapore, Pacific Healthcare is one of Singapore's leading healthcare service providers with more than 90 professionals in Singapore, Hong Kong and India.

Formed by a group of doctors who share a common goal of building a healthcare institution synonymous with excellence, care and compassion, Pacific Healthcare provides a comprehensive range of services that includes specialist medical care, cosmetic medical and dental procedures, health profiling and diagnostic services.

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