



## Pacific Healthcare Establishes Implantable Lens Centre

- Part of Pacific Eye, Cataract & Retinal Specialist Centre
- Implantable Contact Lenses (ICL™) treats short-sightedness and astigmatism as alternative to Lasik
- Multi-focal lens implants treat long-sightedness for patients who need reading glasses

SINGAPORE, 14 December 2009

FOR IMMEDIATE RELEASE

MainBoard-listed Pacific Healthcare Holdings Ltd (“PHH” or 太平保健), a leading Singapore provider of integrated, multi-disciplinary specialist healthcare services, announced the establishment of Pacific Implantable Lens Centre by its specialist eyecare unit.

The Implantable Lens Centre, located on Level 19, Paragon, will focus on the use of implantable lenses for vision correction: shortsightedness and astigmatism in the younger population and short as well as long sightedness in those requiring reading glasses.

Patients will be offered the option of the Implantable Contact Lenses (ICL™) by STAAR Surgical. This is a safe and reliable procedure which provides high definition vision and is a long term solution for visual correction. This is a tried and tested procedure first done in Europe in 1993 and received approval by the U.S.A. Food & Drug Administration (“FDA”) in 2005. The major advantages of the ICL™ includes:

- Proven Safety record – 200,000 lenses have been implanted over the last 10 years
- Corrects astigmatism in addition to a large range of myopia (short-sightedness) and hyperopia (long-sightedness)

The ICL™ performed better than LASIK in safety, efficacy, predictability, and stability supporting its use as an effective alternative to existing refractive laser surgical treatments for large range of myopia in a study published in the reputable Journal of Refractive Surgery 2007 and in myopic astigmatism in Journal of Refractive Surgery 2008.

Another procedure offered by Pacific Implantable Lens Centre is multifocal lens insertion. This helps those with a combination of shortsightedness and reading problems commonly seen as one approaches middle age.



The Eye Center is headed by **Dr Cheryl Lee**, an ophthalmic surgeon with more than 10 years of international experience in the field of ophthalmology. Dr Lee is a retinal surgeon with special interests in vision correction for short and long-sightedness, cataracts and medical retinal diseases.

**Dr William Chong** (张来良), CEO of Pacific Healthcare said: "There is a high incidence rate of short-sightedness in Singapore and the implantable contact lens offers a true and viable alternative to Lasik surgery. In addition almost everyone above the age of forty understands the frustrations with reading glasses and inconvenience of multiple pairs of spectacles. I am glad that technological advances have now made it possible to solve this and other vision related issues."

**ABOUT THE COMPANY**

[www.pachealthholdings.com](http://www.pachealthholdings.com)  
SGX mainboard listing: November 2005

Pacific Healthcare Holdings Ltd is a Singapore-based healthcare provider offering a comprehensive range of healthcare services through its team of more than 100 dedicated healthcare professionals and a wide network of clinics and facilities in the region. It currently operates 5 major integrated medical centres within the prime Orchard Road area in Singapore. It's medical specialties cover the fields of cancer care, cardiology, neurology, urology, orthopaedics, obstetrics and gynaecology, head, neck and thyroid surgery, ear nose and throat surgery, eye surgery, psychiatry, paediatrics, general and vascular surgery, dermatology, cosmetic surgery and cosmetic & implant dentistry.

It has recently acquired the latest 256-slice CT Scanner for heart disease for its diagnostic imaging centre. The centre will also focus on the early detection of colon and breast cancer as part of the Company's plans to establish a Cancer Hospital by 2011.

Renowned for its care, compassion and medical excellence, Pacific Healthcare aims to be the premier healthcare group in Asia. The Company was established in 2001 and listed on the Singapore Exchange in 2005.

Pacific Healthcare has operations in Singapore, Hong Kong, India and China.

**FOR FURTHER ENQUIRIES**

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