

The Wellness Lounge

The Paragon #20-03

6887 1299

Verne Maree, South Africa

Located on the 20th floor penthouse level of Paragon, this shrine to cutting-edge aesthetic technology has to be one of the city's most stunning beauty spots – it is a symphony of white on white and its service is second to none.

During the Therma Radio-frequency facelift, the therapist uses a 'wand' to apply a high-frequency current to the skin of the face and neck, triggering a resistance that converts electric energy into thermal energy. It is said that the heat tightens sagging skin, encourages the formation of collagen and promotes blood and lymph circulation – thereby flushing away toxins. That part takes half an hour; the rest of the 90-minute treatment is an outstanding facial that includes exfoliation, extraction, facial massage and a rejuvenating mask. Thank you, Elsie!



The Wellness Lounge is offering Expat Living readers a special trial price of \$218 (Usual Price \$388) for its 90-minute Therma Radio Frequency facelift treatment.