

**FOR IMMEDIATE RELEASE**

## **Wellness Slimming Programme**

- ***New Non-Invasive Technology***  
***Working from Within for Effective Results***

**Singapore, 29 August 2008**— The Wellness Lounge introduces the latest non-invasive and pain-free body slimming and contouring treatments that promise to treat targeted areas effectively. **Wellness Slimming Programme**, an effective alternative to liposuction, works at breaking down fats and improving the lymphatic system; enabling one to purge the toxins and waste material naturally through the body's excretory system, thereby improving the body contour and losing the excessive weight. This procedures appeal to those who desire to look good, yet are unwilling to go through the hassle and discomfort of injections or surgery.

Most women, to varying degrees, are plagued with cellulite and deep fat deposit. This can stem from genetic predisposition, hormonal changes and weight gain.

**Wellness Slimming Programme** are customised non-surgical fat reduction treatments that utilizes a combination of ultrasound, lymphatic drainage therapy, vacuum therapy, infra red (IR) energy and radio frequency (RF) energy to break down and remove unwanted deep fatty deposits. It is a genuine alternative to liposuction for patients who prefer not to undergo a surgical procedure.

**Ultrasound** treatment engages low frequency ultrasound wave to break down and semi-liquefy the deep fat deposit. Ultrasound could penetrate about 2 to 3 cm deep. Transducers are placed on problem area to semi-liquefy the deep fat deposit. After ultrasound, skin is well toned, smoother and able to absorb any slimming product easily.

**Lymphatic Drainage Stimulation** helps to pump the toxins and waste material to the body's excretory system to be disposed of naturally. Electrodes are placed on calf area with legs slightly raised up. Gentle pulses are sent via the electrodes to stimulate the lower part of the body, improving the lymphatic system.

**Vacuum therapy** helps to mobilize superficial fat, unblock lymph nodes, stimulates blood circulation and venous system. Mechanical rollers are used repeatedly across the skin; allowing the vacuum pump to apply gentle suction. It is used to treat against fats tissue or cellulite pressing on muscles.

**Infra Red (IR) Energy** using a broad spectrum IR light at wavelength of 700-2000nm. Depth of heating from light reaches the deep dermis, to metabolise the treated area

**Radio Frequency (RF) Energy** using bi-polar conductive RF energy is emitted from the electrodes at a frequency of ~1 MHz. Depth of heating from RF energy reaches the hypodermis area, to firm and sculpt the treated area.

At the wellness lounge, we understand that every individual are different. Therefore the **Wellness Slimming Programme** is customised solutions to suit your every need. Only the latest FDA approved medical equipment and pharmaceutical product are used during the treatments. Detoxification, weight loss and body contouring is achieved with customised **Wellness Slimming Programme**. The retail price per session is from \$380 onwards.

## **About the Wellness Lounge**

The Wellness Lounge is a premier aesthetic and wellness centre providing face, body and wellness treatments. Equipped with the latest in aesthetic technology and serviced by professional care consultants, its superb location provides the finest Medi-spa and lifestyle experience for its distinguished clientele.

### **Face Treatments Available**

- Aromatherapy Facial
- Cell Shock Facial
- Collagen Eye Treatment
- Electroporation Vitamin C
- FotoFacial (RF)
- Intense Pulsed Light (IPL)
- Men's Facial
- Microdermabrasion
- Needle-Free Face Fillers
- Oxygenating Facial
- PCA Face Peel
- Swiss Rejuvenation Treatment
- Time Defence Anti-aging Facial Treatment
- Therma Radio Frequency Face Lift
- Trinity (Face or Neck Sculpting)

### **Body Treatments Available**

- Endermologie - Cellulite Buster
- Holistic Body Therapy
- Infra Slim
- Liposonic Slim
- Lymphatic Drainage Therapy
- Needle Free Mesotherapy
- PCA Body Peel
- Post Natal Programme
- Pre & Post Operative Treatment
- Ultrasound
- Sensual Back Treatment
- Thermal Body Sculptor
- Vacuum Therapy
- Waxing
- Wellness Slimming Programme

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